# Weekend Household Readiness Plan

Small steps. Practical preparation. Keep this page where you can find it.

## STOCK YOUR BASIC SUPPLIES

- ☐ Store 1 gallon of water per person per day for 3 days in clean, drinking-safe containers.
- ☐ Keep water in a cool, dark spot; add extra bottles for pets.
- ☐ Stock 3 days of no-cook foods your family eats, plus a manual can opener.
- ☐ Pack flashlights, a battery lantern, extra batteries, and a first aid kit with daily meds.

## PLAN, ALERTS & POWER

- ☐ Write a plan: meeting spot, paper phone list, one out-of-town contact, supply locations.
- ☐ Post one plan copy on the fridge and one in each car.
- ☐ Turn on phone emergency alerts and confirm they aren't muted.
- ☐ Keep a battery or hand-crank radio; consider backup power if you rely on medical devices.

**SAFETY NOTE** Store water in containers made for drinking and keep them away from sunlight. Match any backup power option to your real needs, not the biggest model available.

Checked by: _____ Date: _____ Review again: _____

**Full guide:** readyguidance.com/preparedness/military-90-day-prep/

**Safety reference:** https://www.militaryonesource.mil/resources/millife-guides/family-emergency-preparation/