Pet First Aid for Disasters

Small steps. Practical preparation. Keep this page where you can find it.

PREPARE NOW

- ☐ Build a pet first aid kit; keep one at home and one in the car.
- ☐ Write down vet, backup clinic, and ASPCA Poison Control numbers.
- ☐ Record your pet's normal temperature, pulse, breathing, and gum color.
- ☐ Practice safe restraint and muzzling while your pet is calm.

DURING AN EMERGENCY

- ☐ Stay calm; keep yourself safe since scared pets may bite.
- ☐ Check airway and breathing; control heavy bleeding with firm pressure.
- ☐ Call your vet or poison control and follow their instructions exactly.
- ☐ Keep the pet warm and still; transport in a carrier or on a flat board.

SAFETY NOTE Never give human pain pills like ibuprofen, naproxen, or acetaminophen; acetaminophen can kill cats. Never muzzle a pet that is vomiting, choking, or struggling to breathe.

Checked by: _____ Date: _____ Review again: _____

Full guide: readyguidance.com/skills/pet-first-aid-disasters/

Safety reference: https://www.ready.gov/pets