Power Outage Readiness

Small steps. Practical preparation. Keep this page where you can find it.

PREPARE NOW

- ☐ Plan backup support for powered medical devices with your care team.
- ☐ Keep flashlights, batteries, charged power banks and a radio ready.
- ☐ Stock water and no-cook food; keep appliance thermometers.
- ☐ Know where you can safely go during extreme heat or cold.

DURING AN OUTAGE

- ☐ Use battery lighting rather than candles where possible.
- ☐ Keep refrigerator and freezer doors closed and track outage time.
- ☐ Follow official food-safety guidance; never taste food to test safety.
- ☐ Watch for utility updates and stay away from fallen power lines.

SAFETY NOTE Run generators outdoors only, more than 20 feet from windows, doors and vents. Never run one in a garage.

Checked by: _____ Date: _____ Review again: _____

Full guide: readyguidance.com/preparedness/power-outage-preparedness/

Safety reference: https://www.ready.gov/power-outages