90-Day Power Scare: Calm Household Plan

Small steps. Practical preparation. Keep this page where you can find it.

LIGHT, POWER & SUPPLIES

- ☐ Place battery lanterns in each main room and store spare batteries with them.
- ☐ Keep a power bank or small power station charged for phones and small devices.
- ☐ Store 1 gallon per person per day in food-safe containers; start with 3 days.
- ☐ Stock canned and dry no-cook foods plus a manual can opener; rotate items.

PLAN & SCALE UP

- ☐ Agree on a meeting place and pick one out-of-town contact for everyone.
- ☐ Write important numbers on paper in case phones die.
- ☐ Learn how to shut off your water and gas if told to do so.
- ☐ Add a modest backup battery sized to real needs; pair with solar to recharge.

SAFETY NOTE Avoid candles if you can; they are a fire risk. Use battery lanterns instead, and don't overspend chasing a 90-day military timeline.

Checked by: _____ Date: _____ Review again: _____

Full guide: readyguidance.com/preparedness/survive-90-days-without-power/

Safety reference: https://www.ready.gov/sites/default/files/2024-03/ready.gov_power-outage_hazard-info-sheet.pdf